Monday October 31st, 2016



Happy Halloween!

STAFF BIRTHDAYS THIS AND NEXT WEEK: Cathy Hutchins; Oct. 31st, Dr. Podhorsky; Nov. 2nd, Mr. Shin; Nov. 7th, Jane Medrano; Nov. 9th

STAFF AND STUDENTS:

 Come join the Archery Club! Practices are every Thursday from
2:30 to 4:00 after school inside the cafeteria. You don't need any experience to join!

2. The final College lunchtime workshop will be held in the library tomorrow, November 1st. You are more than welcome to bring your lunch and find out more about - Alternate Paths---Community College, Gap Year, Apprenticeship Programs, Certificate Programs, Trade Schools, Military Enlistment

3. Attention CSF members, your volunteer hours and tutoring hours are due November 7. Please download the form to fill out from the website and submit on Monday Nov. 7. Do not wait until the last minute to serve your tutoring hours, as few slots are available. See Preston, Abby or Mrs. Rodriguez in Room 502 for any questions.

4. YEARBOOK SENIOR ADS: Photos, form, and payment are all due by tomorrow. Go to the school website under STUDENTS under YEARBOOK to get all the directions.

5. Attention: All boys interested in playing basketball.

A brief meeting is scheduled for tomorrow, November 1, at 11:45am in the main gym. Important information regarding the upcoming season will be discussed. All students planning to play this season are urged to attend

6. This Wednesday 11/2 - Boys Rugby Club Meeting at 12:15 in the Boys Gym (upstairs) - All potential players are invited to discuss the opportunity to play Rugby for La Jolla High School. Stay in shape and have fun this winter. No experience Necessary - No Tryouts!

7. Winter sports start in less than a month! Please visit ljvikings.com under Athletic Clearance for the NEW athletic clearance process. The physical form, medical history and clearance confirmation page must be turned into the main office. If you were already cleared for a fall sport, you must still register to try out for a winter sport. To register for an additional sport, select Clearances at the top and then Start Clearance Here! After entering the year, school and additional sport, most of your information will auto fill. You must complete this process for every sport that you plan to participate in during the 2016-2017 school year. Online winter sport clearances will begin on 11/7/2016 after the 9 weeks progress reports.

Boys Basketball Tryouts Saturday, November 12 @ 4:00pm - 6:00pm Big Gym

Girls Basketball Tryouts Saturday, November 12 @ 8:00am - 10:00am - LJHS Big Gym

Girls Soccer Tryouts Monday, November 14 @ 6:00pm - 8:00pm - Stadium Field

Boys Soccer Tryouts Monday, November 14 @ 2:30pm - 5:00pm - SITE TBA

Wrestling Tryouts Monday, November 14 @ 2:30pm - Wrestling Room - Big Gym

Girls Water Polo Tryouts

Varsity Tryouts - Monday, November 14 @ 5:15am - 6:45am - Coggan

JV/Nov. Tryouts - Monday, November 14 @ 1:30 for athletes in 6th Period Athletics. 2:20pm for athletes not in 6th period Athletics.

8. Students interested in participating in **the Annual LJHS Halloween Costume Contest:** Please come down to the quad today at the start of lunch.

This year's categories include:

Creative / Originality, Best Group, Best Overall, Crowd Favorite

*Prizes for the winner of each category.

9. Are you interested in participating in Powderpuff this year? Please sign up for the drawing of names. Sign ups are until this Thursday. The team names will be picked by grade level on Friday, in the quad.

In order to sign up and participate, you need to print / sign a permission slip form (found on ASB website) and turn the completed waiver into the Junior class table in front of the ASB store.

10. The VIKING TUTORING CENTER is officially open. Every Monday thru Thursday from 2:30-3:30, come to the library if you need tutoring in any subject. It's free and we will have both teachers and students available to help you with your homework, test prep. or any questions you have.

11. HALLOWEEN COSTUME GROUP PHOTO for the yearbook: Stand on the hill in front of the library at the beginning of lunch today for a Halloween group shot. Then those in costume can participate in the costume contest put on by ASB.

12. Advanced Study Skills Workshop for ALL Classes

Sponsored by the Junior Class

Learn the top secrets to success for studying. In this workshop you will learn the key factors which lead to high score improvement. You'll also learn how to avoid the most common study mistakes which keep many students from reaching their goals. Also, learn the five keys top students use to get better results with less time and stress. Parents and students welcome.

Led by Jared Wells, founder of Wells Academic

When: Wednesday, 11/2 12:30pm to 2:30pm. Where: LJ Library

Cost: *\$25/student.* (Free and Reduced Lunch Program: \$5) Pay at the door. Make check payable to: La Jolla High ASB

100% of proceeds go to La Jolla's Junior Class ASB! Limited availability.

RSVP call <u>858-551-2650</u>

13. Educational Trip to Kenya

Interested in going on a trip of a lifetime to Kenya during spring break in 2017? Both students and parents are invited to go on this land and sea expedition. The highlight will be partaking in a wonderful cultural experience, where we get to know the community and students at Coral High School, our sister school in Mombasa, Kenya. We will also explore the coral reefs, a mangrove reserve, tour a 13th century Swahili village, and go on a 3 day safari in National Parks. There will be an informational meeting on **November 2** (Wednesday) at **7:00 pm** at the **La Jolla Riford Public Library**.

The trip dates are March 22 – April 1, 2017.

More information may be found at <u>www.facebook.com/LaJollaMarineScience</u>.

This great opportunity is organized by World Expeditions of San Diego and Kaskazi Environmental Alliance.

This trip is a Nonschool sponsored trip, is not supervised by La Jolla High School/District personnel, and is not funded by the La Jolla High School/District.

14. The library is missing a triangular, (prism), shaped ruler that is used to process new books for the library. If you have it or find it, please return it.